

Freight Train

Choreographed by [Jean Luc Girard](#)

Description: 48 count, 2 wall, beginner/intermediate polka line dance

Musik: **Freight Train** by Alan Jackson

Start dancing on lyrics

SIDE ROCK, KICK, KICK, SIDE ROCK, SHUFFLE CROSS

- 1-2 Rock right to side, recover to left
- 3-4 Kick right cross over left twice
- 5-6 Rock right to side, recover to left
- 7&8 Crossing chassé right over left

TURN $\frac{1}{4}$ LEFT SHUFFLE FORWARD, STEP TURN $\frac{1}{2}$, SHUFFLE, FORWARD ROCK RECOVER

- &1&2 (&Turn $\frac{1}{4}$ left), 1&2 chassé forward left right left
- 3-4 Step right forward, turn $\frac{1}{2}$ left (weight to left)
- 5&6 Chassé forward right-left- right
- 7-8 Rock left forward, recover to right

SIDE ROCK, KICK, KICK, SIDE ROCK, SHUFFLE CROSS

- 1-8 Repeat section 1 starting with left foot

PADDLE TURN $\frac{3}{4}$ RIGHT, ROCK FORWARD, SIDE SHUFFLE

- 1&2&3&4 Step right forward, turning right, step on ball of left behind right, step right forward turning right, repeat above step until you have completed a $\frac{3}{4}$ turn right
- 5-6 Rock left forward, recover to right
- 7&8 Chassé left to side left

BALL RIGHT, HEELS SWIVELS, SIDE SHUFFLE

- 1&2 Step right forward, swivel heels to in, center (weight to left)
- 3&4 Chassé right to side right
- 5&6 Step left forward, swivel heels to in, center (weight to right)
- 7&8 Chassé left to side left

POINT BACK, PIVOT $\frac{1}{2}$ TURN, SHUFFLE, HEEL RIGHT, HEEL LEFT, HEEL RIGHT, CLAP, CLAP

- 1-2 Touch right back, turn $\frac{1}{2}$ right putting weight on right
- 3&4 Chassé left forward
- 5&6& Touch right heel forward, step right together, touch left heel forward, step left together
- 7&8 Touch right heel forward, clap, clap

REPEAT